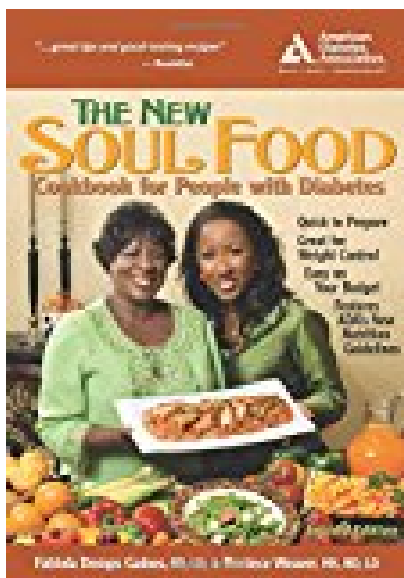


# The New Soul Food Cookbook for People with Diabetes

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## BOOK DETAILS

- Author : Fabiola Demps Gaines
- Pages : 212 Pages
- Publisher : American Diabetes Association
- Language : English
- ISBN :

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## BOOK SYNOPSIS

More than 150 low-fat recipes in the first African-American cookbook for people with diabetes. Features snacks, soups, salads, main dishes, side dishes, desserts, and more. Complete nutrition information with every recipe.

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