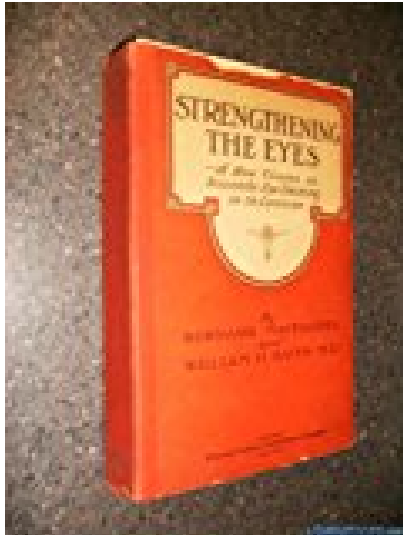


Strengthening the eyes A new course in scientific eye training in 28 lessons



BOOK DETAILS

- Author : Bernarr Adolphus Macfadden
- Pages : Pages
- Publisher : Physical Culture Pub. Co
- Language : English
- ISBN :

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BOOK SYNOPSIS

Natural Eyesight Improvement taught by Bernarr MacFadden, one of the First Physical Fitness, Natural Health Teachers. MacFadden studied with Ophthalmologist William H. Bates. MacFadden and Bates wrote the Original book. One of the first Eyesight, Vision Improvement Books, Courses. Modern treatments are added to this book by Natural Eyesight Improvement graduated student, Clark Night. 6 Issues of Dr. Bates Better Eyesight Magazine July, 1919 to Dec., 1919 and the 10 Basic steps for clear eyesight derived from Better Eyesight Magazine included Dr. Bates Natural Treatments for unclear vision and other eye conditions. Eyecharts are in the Paperback book and the E-Book. This book includes 14 Free PDF E-Books; Natural Eyesight (Vision) Improvement Training; +Do It Yourself-Natural Eyesight Improvement-Original and Modern Bates Method-Book with 100+ Color Pictures. Less reading; Easy to learn steps-Read the short directions on the pictures to quickly learn, apply a treatment, activity for Fast Vision Improvement. (All of Dr. Bates, Clark Nights Kindle, PDF & Paperback books are in this E-Book.) + Better Eyesight Magazine by Ophthalmologist William H. Bates - (Unedited, Full Set-132 Magazine Issues - 11 Years-July, 1919 to June, 1930.) Illustrated with 500 Pictures and additional, up to date Modern Natural Eyesight Improvement Training. + Original Better Eyesight Magazine by Ophthalmologist William H. Bates - Photo copy of all his Original Antique Magazine Pages in the 1900s Print. (Unedited, Full Set 132 Magazine Issues - 11 Years-July, 1919 to June, 1930.) A History Book. Learn Natural Eyesight Improvement Treatments directly from the Original Eye Doctor that discovered and practiced this effective, safe, natural method! Magazines & Method Hidden from the public by eye surgeons, Optometrists, optical businesses for over 100 years because this method works and frees the patient from the need to purchase eyeglasses, drugs, unnecessary eye surgery. Yes, it can and has reversed cataracts and other eye conditions! + The Cure of Imperfect Sight by Treatment Without Glasses by Dr. Bates (Photo Copy of the Original Antique Book Pages) with Pictures. Dr. Bates First, Original Book. (Text version with Modern Treatments included.) 2nd Printing Title: Perfect Sight Without Glasses. + Medical Articles by Dr. Bates - with Pictures. + Stories From The Clinic by Emily C. A. Lierman/Bates. (Dr. Bates Clinic Assistant, Wife.) + Use Your Own Eyes by Dr. William B. MacCracken M.D. (Trained with Dr. Bates.) + Normal Sight Without Glasses by Dr. William B. MacCracken M.D. + Strengthening The Eyes by Bernarr MacFadden & Dr. Bates - with Pictures and Modern Training. (Trained with Dr. Bates. One of the First Physical Fitness Teachers.) + EFT Training Booklet - with Acupressure, Energy balance, strengthening, Positive Emotions. Easy step by step directions with Pictures. + Seeing, Reading Fine Print Clear, Clear Close Vision (Presbyopia Treatments) with Videos. + Eight Correct, Relaxed Vision Habits- A Quick Course in Natural Eyesight Improvement. + Astigmatism Removal Treatments + Eyecharts - 15 Large, Small and Fine Print Big C, E Charts for Close and Distant Vision, White and Black Letter Charts, Tumbling E Chart, Astigmatism Test and Removal Charts, Behavioral Optometry Charts. Eyechart Video Lessons. + Audio Lessons in Every Chapter + Video Links in Training Chapters - Learn a Treatment, Activity Quick and Easy. + Videos Page; Links to 35+ Natural Eyesight Improvement Training Videos.; YouTube and on the Authors Website. Download Videos to DVD with Real Player SP, Convert for Television. This book is available in color or black and white for a lower price. See the William H. Bates, Authors Page on Amazon for Video of internal book pages, full description of the Paperback, Kindle and 14 free E-books & Free Natural Eyesight Improvement Training;
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STRENGTHENING THE EYES A NEW COURSE IN SCIENTIFIC EYE

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