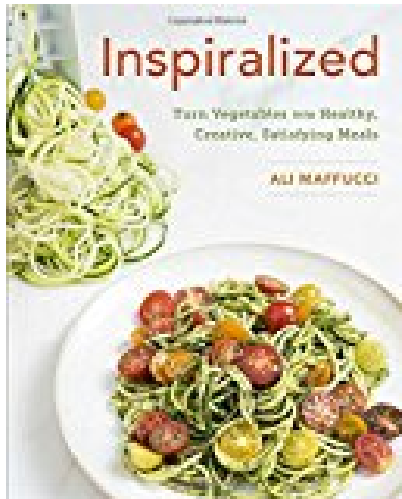


Inspiralized Turn Vegetables into Healthy Creative Satisfying Meals



BOOK DETAILS

- Author : Ali Maffucci
- Pages : 224 Pages
- Publisher : Clarkson Potter
- Language : English
- ISBN : 0804186839

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BOOK SYNOPSIS

Offers tasty, healthy recipes all using the spiralizer, a tool that turns fruit and vegetables into noodles, including Jicama Shoestring Fries, Sweet Potato Fried Rice and Zucchini Linguine with Garlic Clam Sauce. Original.

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